



ROCKY MOUNTAIN
SOAP COMPANY

100% Natural Bath & Body

Winnipeg - Women's Run & Walk

An **unforgettable experience**
for **Women of all ages**
and **fitness levels**



Chemicals add up.
Natural Matters.

ASSINIBOINE PARK

Sunday, August 21st, 2011

5 km Run & Walk | 10 km Run | Expo

IN SUPPORT OF:



“Events like this show me the strength and beauty of all women. It's been a wonderful experience and truly rejuvenating.”

- Dagmar K.

volunteersneeded@rmswomensrun.com



SPONSORS:



ST. JAMES HEALTHY LUNCH

Register online: www.rmswomensrun.com

